



Sherene
 McHENRY, PHD, CSP
The People IQ Expert®
SHERENEMCHENRY.COM



Watch Sherene in action! 

Testimonials



Sherene is empowering, funny and positive. Her concepts encourage positive energy and decrease negative energy in the work environment.



Shana Capanna
 Registered Nurse
 Dependable Home Health



Rachel Perlmutter
 IASA Annual Conference Director
 Professional Development
 Program

Sherene's virtual presentation was fantastic, I just wanted to learn more. She always brings relevant and helpful content to our group and delivers it with stories and commentary that make it easy to understand and apply! So happy she was able to be back with us virtually this year.



Incredibly inspiring, funny and comforting! Sherene helped "fill my tank" and taught me to take care of myself. Her presentation is life changing.



Loreto Echevarria
 Clinical Manager
 Bayada Home Health

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Sherene is engaging, light-hearted, funny and very animated! I will continue to be mindful of making time for myself.



Kristen Maldonado
Marketing Manager
Capitol Home Health



Judy Helm
President
Financial Women in Texas

Sherene McHenry is an engaging and caring speaker. I've had the pleasure of hearing her speak for two different professional associations, and both times I left feeling empowered and invigorated. Sherene provides honest and relevant messages tailored to her audience, and equips them with information and skills they can readily apply. Plus, she makes learning fun!

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Sherene provided tools for us to gain insights about each other. We also learned how to easily decode each other's clues, gain understanding, avoid frustration and burnout, and hold others accountable. Great stuff for any relationship. I've heard similar material before but never from a PhD that spent her whole life studying, living, and teaching it.



Karen Paradis
Leadership Workshop Coordinator
Lake Michigan Chapter Society of
Cable Telecommunications Engineers



Dr. Kathy Dexter
Dean of Students
University of Maine Augusta

I'm so glad we hired Sherene. She has a remarkable capacity to distill her message for leaders into its essential points and deliver it with humor and without distracting jargon. She taught in an hour what I have attempted to teach in multi-day workshops.

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Lots of speakers tell you the importance of conflict resolutions skills. Sherene is the speaker who taught me how to actually do conflict resolution. If you have any interaction, any sphere of influence, any work environment, there is great value to what Sherene shares.



Roy Moore
Certified Salesforce Admin
and Developer
TradeKing



Dr. Diane Baer
President
Arkansas Counseling Association

Sherene keynoted for our annual conference and also led a leadership webinar for state and national leaders with the Veterans Administration at the Arkansas Counseling Association Leadership Development Institute. The group met her style of presentation with rave reviews. Her enthusiasm and genuineness are clearly evident, and it really helps keep everyone's attention when she has delightful anecdotes and experiences to share about real life. If you want a keynote to get your group excited and interested, Sherene is the speaker you're looking for.

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Dr. Sherene McHenry was the utmost pleasure have as a keynote speaker. From the moment we met at the practice her upbeat attitude and ability to 'roll with the punches' was an added bonus! On the day of the event, Sherene arrived self-assured, able to relate to an audience of 200 attendees with effortlessness and just the right amount of humor and heart when diving into sensitive topics. Not only do you instantly know she's well-educated and relevant in her field of expertise, she also possesses everything you want in a public speaker. We received many compliments from our attendees stating they had learned so much and it was a great diversion to "all business" speakers. I would be delighted to work with Sherene again and highly recommend others to do the same.



Jennifer Zerwer
Product Marketing Manager
True Value Company



MULTIFAMILY NW
The Association Promoting Quality Rental Housing

Ericka Hargis
Education & Events Coordinator
Multifamily NW

Thank you so much for sharing your energy with us today, you made it reach out through our screens and touch our hearts!

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Sherene is a consummate professional who has insights into both the business world and interpersonal dynamics. She spoke to our group of women business leaders and their college-aged mentees and she was able to connect with everyone at a very personal level. Her presentation covered areas that were relevant to both well-established professionals and students about to begin their careers in business. On a personal level, Sherene displays the rare blend of empathy, insight, and the ability to discuss difficult issues in a thoughtful and self-assured way



Dr. Alisha Billington
Leader of Talent and Organizational
Development
American Axle & Manufacturing

WINGATE



Dr. Jennifer Wilson
Assistant Professor of Pharmacy
Wingate University

Wingate University School of Pharmacy recently started a year-long mentorship program partnering students and practicing pharmacists. Sherene was the keynote speaker for our day long fall leadership retreat. She did a wonderful job! The students and pharmacists were very happy with the programming. Sherene is a dynamic, upbeat, and knowledgeable speaker. She was wonderful to work with during the planning stages and was very accommodating to our needs. We highly recommend Sherene as a speaker!



DYNAMIC Motivational Keynote Speaker and Relationship/Team Building Expert, Dr. Sherene McHenry knocked it out of the park at the Ann Arbor Holistic Chamber of Commerce with her AMAZING presentation. With HUMOR, Passion, and Real-Life examples, Dr. McHenry shared invaluable information to avoid burnout and avoid draining relationships so that you can set yourself, your business, and others up for long-term success! I highly recommend Dr. Sherene to achieve your BEST in business and interpersonal relationships!



Janette Ghedotte
Founder and CEO
Accurate Body Language



Lorelei Henderson
Clinical RJ Supervisor
Dependable Home Health

Sherene's presentation was humorous and touching, and kept me engaged which is not easy to do. Her concepts of not draining myself and making sure I take time to "fill my tank" will empower me to be a better leader.





Fun, knowledgeable and professional, Sherene is fabulous and connected with the entire audience on a personal level. By learning how to handle underfunctioners, I can maximize my time and take better care of myself than my car!



Alene Angle
RN CSM
Banner Home Care



Beth Montgomery
Director of Nursing
At Home Healthcare- Tucson

Sherene is funny and high energy. Learning how to stop gators and that "bad behavior left unchecked grows" will help improve my leadership.



I have had the privilege of hearing Sherene speak on two occasions. As a keynote doing the YPN Statewide Conference and during her 2 Days to a Happier You Seminar. On both occasions I felt as if Sherene was speaking personally to me! Her perspective is refreshing and her ability to draw you in to her heart felt stories helps you build an important connection for a coaching relationship. Her education and background make her an expert! The techniques she shares are great tools for becoming a great leader and communicator. I was very impressed with Sherene's ability to keep things moving and I very much enjoyed that she too felt my time was important. After her 2-day seminar, I have a few tricks up my sleeve for dealing with difficult situations and for having an understanding of others while doing so. I would absolutely recommend her seminars and as a keynote speaker. She will add an element of personal touch that is lacking in today's world.



Darbi Gross
Project Manager, Isabella Bank



Brenda Rowley
Vice President for Operations
Rowleys Wholesale

Dr. Sherene McHenry was the right consultant at the right time for our organization. She helped to significantly improve communication amongst team members. Her methods for improving communication are timeless and once learned, are easy to use on an on-going basis.



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Sherene is motivational, uplifting and nurturing. I learned the importance of taking care of ourselves in order to be better leaders, and her message applies to our professional and personal lives!



Jason Kauffeld
Director of Group Relations
Green Lake Conference Center

Sherene inspired me to stop the alligators while they are still little! She also taught me the importance of, and techniques for, managing conflict before it gets out of control and how, by avoiding conflict management, we cause ourselves a host of harm. Learning from her examples and message, I have increased faith in myself and in my value. I have already practiced, twice, nipping alligator bites in the bud in the two short days since I heard Sherene. Sherene inspired me and provided new knowledge that I intend to turn into a new skill. I am keeping my eyes open for speaking engagements that would bring Sherene back to Wisconsin so that I can hear her speak again!

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Sherene is a thought-provoking, high-energy speaker who charms audiences with humor, motivation and compelling ideas. After we asked her to provide a lunchtime keynote at a recent training event, we were extremely pleased to review our participant feedback and see high marks for Sherene across the board. Our audiences found her presentation "interesting," "enjoyable," and even "divine!" We love to utilize speakers who help our organization add value, and look forward to having Sherene back very soon.



Dawna Baxter
RN Clinical Supervisor
Southland Home Health

I love Sherene's energy! She is engaging, dramatic and funny. It is great to hear someone give me permission to care for myself which will help me be a better leader.

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